

## **PE and Sports Premium Funding 2015/16**

### **Background**

In September 2013 additional funding of £150 million per annum was provided by the Government to increase PE and sport opportunities in primary schools. The PE and Sport Premium provides ring fenced money to primary school head teachers to improve the quality of the PE and sport activities they offer their pupils. The funding is provided jointly by the Department for Education, the Department of Health and the Department for Culture, Media and Sport.

Prime Minister David Cameron announced in February 2014 that the Government will commit funding for the Primary PE and Sport Premium to 2020 if re-elected.

The premium for the 2015 to 2016 academic year is paid in 2 instalments from the Secretary of State to the authority as follows:

Financial year	2015 to 2016 academic year:	Payment date
2015 to 2016	September 2015 to March 2016	29 October 2015
2016 to 2017	April to August 2016	29 April 2016

St Catherine's has been allocated a total of £9,342 for this academic period.

### **Purpose of the grant**

This grant must be used to fund improvements to the provision of PE and sport for the benefit of primary-aged pupils, in the 2015 to 2016 academic year so that they develop healthy lifestyles.

For further details about Sports Premium Funding please click on the following link [www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools](http://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools)

## **PE and Sport at St Catherine's**

At St Catherine's we encourage our children to lead healthy and active lifestyles. We know that by offering high quality PE and school sport we are contributing to a range of outcomes for our children. We are aware that sport not only supports their physical development, movement skills and body confidence, but it also contributes to their physical, mental and emotional health and wellbeing. Through PE and sport, children learn about themselves, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of cognitive skills such as decision making and analysis, social skills such as team work, communication and leadership. We recognise that healthy behaviours in childhood set patterns for later life and, if acquired early, can have a huge impact on wellbeing. Competition plays a large part in sport and we know that all children enjoy being appropriately challenged. At St Catherine's we try to enter as many tournaments and competitions as time allows. We like to focus on the core sporting values of teamwork, respect, discipline and sportsmanship which helps to create a healthy sporting environment and culture within our teams.

### **Spending update**

As a school we have focused our attention on increasing physical activity for all children during the main school day. To help facilitate this we have looked at areas outside of PE where we can increase physical activity for all children. We have introduced a 'daily mile' where all children are encouraged to run, or walk a mile around our school grounds. This takes place every day for all children from Year 1 – Year 6. We have looked at active lunchtimes to increase children's participation in some activity every day. This includes the purchase of playground equipment, such as skipping ropes, hoops and a range of different balls to encourage different activities. As another means of getting our children to be more active every day we have purchased a subscription to '5-a-day.tv', a fitness based website that teachers can access in their classrooms for an extra five minute boost of high impact activity. In order for us as a school to ensure that the Sports Premium funding has a lasting effect we have enrolled our Sports Teacher onto a CPD course, 'realPE', by Created Development that will introduce a whole school holistic approach to PE to our existing staff. We believe that this will continue to make the PE provision in our school exciting for all of our children. Finally, as a school that is lucky enough to have its own swimming pool, we will put some of the money towards an ASA qualified swimming teacher. This will also help to up skill our teachers into becoming more confident in teaching swimming to all of the children in our school, ultimately enabling as many children as possible to reach the required 25m distance they need to have before leaving us for secondary school.

A breakdown of our expenditure so far is included below:

Specialist Sports teacher salary: £4518.90

Swimming Teacher: £945

Playground Equipment: £745.90

Subscription to website: £16.99 pcm (£203.88 pa)

RealPE CPD course: £495 + VAT (for initial 3 day course)

Total spend to date: £6908.68 (up to and including 2.2.16)

Remaining Sport Premium budget: £2433.32

### **Looking Ahead**

We propose to use future funding to further support the teaching and delivery of curriculum PE alongside expanding the already strong programme of extra-curricular activities. We want to ensure all pupils, including targeted groups, continue to develop and progress physically, socially, cognitively and emotionally. We want to continue to increase participation levels in competitive sport and healthy activity of all pupils. We want to raise standards in P.E. and school sport and increase opportunities offered to our children, and improve the skills of our teachers in delivering a varied and rich Physical Education curriculum through this we aim to provide higher quality lessons and improved learning for all.

To further enhance our lunchtime provision we are hoping to offer the chance for some of our year 5 children to embark on a 'Young Leader' programme which will enable them to deliver a range of lunchtime activities while helping them to also develop their own skills. This will be backed up by a programme of CPD for our lunchtime staff.

We also feel that it is vitally important that children understand the value and impact of a healthy lifestyle, this includes a healthy diet as well as sustained activity. This is why we are looking into provision for a healthy cookery programme for the children. This will be in the form of an after school club which children will be able to learn basic cookery skills and learn a range of simple but healthy recipes. These initiatives will also be subsidised using the Sport Premium funding, making the course accessible for all.

As an alternative sport provision we have also arranged for a nationally qualified squash coach to come into school and deliver an initiative called mini squash which aims to get children into the game of squash early. This will be supported by the Sport Premium money with the aim of getting some of our older children to forge a link with a local sports club.